

# QUT Dance Society Sizing Charts

## WOMEN'S APPAREL SIZE GUIDE

All measurements are in Centimetres

|            | 6/XXS | 8/XS | 10/S | 12/M | 14/L | 16/XL | 18/XXL |
|------------|-------|------|------|------|------|-------|--------|
| Bust       | 81    | 86   | 91   | 96   | 101  | 106   | 111    |
| Waist      | 59    | 64   | 69   | 74   | 79   | 84    | 89     |
| Hip        | 86    | 91   | 96   | 101  | 106  | 111   | 116    |
| Inside Leg | 80    | 80   | 80   | 80   | 80   | 80    | 80     |



### HOW TO MEASURE

#### 1. Bust Circumference

Measure around the fullest part of your chest with your arms down.

#### 2. Waist Circumference

Measure around the narrowest point of your natural waistline.

#### 3. Hip Circumference

Measure around the widest part of your natural hipline.

#### 4. Neck Base Circumference

Measure around the base of your neck where the collar sits.

#### 5. Shoulder Breadth

Measure from your shoulder tip to shoulder tip.

#### 6. Sleeve Length

Measure from the nape of your neck to your wrist.

#### 7. Inside Leg

Measure from top of your inside leg (at crotch) to your ankle.



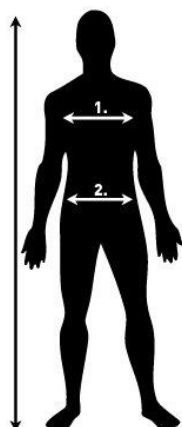
### HOW TO MAKE SURE YOU ORDER THE RIGHT SIZE

**Step 1, Measure your Chest:** Keeping the tape level measure around the fullest part of your chest and find the corresponding size in the chart below.

**Step 2, Measure your Waist:** It is really important that you measure your waistline at a level where you normally wear your pants, we recommend you put the tape measure around the top of the pant.

**Step 3, Compare your Measurements:** Compare your measurements with the table below to ensure you receive the right size! Easy.

### SIZING CHART



### MENS SIZING CHART

| MENS BODY MEASUREMENTS (CM)   |         |         |         |         |         |         |         |         |         |
|-------------------------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| SIZE                          | XS-28   | S-30    | M-32    | L-34    | XL-36   | XXL-38  | 3XL-40  | 4XL-42  | 5XL-44  |
| HEIGHT                        | 168-171 | 173-176 | 178-181 | 183-186 | 188-193 | 195     | 196     | 197     | 198     |
| WAIST                         | 74-78   | 79-83   | 84-88   | 89-93   | 94-98   | 99-103  | 104-108 | 109-113 | 114-118 |
| CHEST                         | 88-90   | 91-95   | 96-100  | 101-105 | 100-110 | 111-115 | 116-120 | 121-125 | 126-130 |
| HIP                           | 88      | 93      | 98      | 103     | 108     | 113     | 118     | 123     | 128     |
| INTERNATIONAL SIZE CONVERSION |         |         |         |         |         |         |         |         |         |
| AUST                          | XS      | S       | M       | L       | XL      | XXL     | 3XL     | 4XL     | 5XL     |
| USA/CANT                      | XS      | S       | M       | L       | XL      | XXL     | 3XL     | 4XL     | 5XL     |
| UK                            | 36      | 38      | 40      | 42      | 44      | 46      | 48      | 50      | 52      |
| GERMANY                       | 46      | 48      | 50      | 52      | 54      | 56      | 58      | 60      | 62      |
| FRANCE                        | 32/34   | 36/38   | 40/42   | 44/46   | 48      | 50      | 52      | 54      | 56      |